



## Virginia Green Lodging Profile:



# Courtyard by Marriott Suffolk Suffolk, Virginia

**Virginia Green** is the Commonwealth of Virginia's campaign to promote environmentally-friendly practices in all aspects of Virginia's tourism industry. **Virginia Green** has established "core activities" specific to each sector of tourism, and these practices are considered the required minimum for participation in the program. However, **Virginia Green** encourages its participants to reduce their environmental impacts in all aspects of their operations; and this profile provides a full list of all their "green" activities. These are the activities that guests / customers can expect to find when they visit this facility.

### Courtyard by Marriott

"The Courtyard by Marriott® Suffolk, Virginia, bordering the cities of Chesapeake, Newport News & Portsmouth offers ideal accommodations when traveling to Hampton Roads. Conveniently located near several major companies including Sysco, Echostorm, Northrop Grumman, General Dynamics and Raytheon. The Courtyard Suffolk is within walking distance from the Lockheed Martin Center for Innovation, and just 2 miles away from the Virginia Modeling, Analysis & Simulation Center. Located near USJFCOM in Suffolk, the Newport News Shipyard, and the Portsmouth APM Terminals, the Courtyard by Marriott® Suffolk VA is a perfect location for Government & Corporate Travelers. Our guests always appreciate our spacious rooms that combine comfort and functionality."



**Green Statement:** We went green "to help the environment".

### CORE ACTIVITIES for Lodging

“☑” This symbol indicates a required activity for Virginia Green Lodging facilities. Participants self-certify that these activities are in place and they provide additional specifics on other activities. Visitors to **Courtyard by Marriott** can expect the following practices:

☑ **Optional Linen Service.** Virginia Green Lodging facilities must have some sort of system in place that allows guests to not have their sheets and towels changed every day. This facility pledges that they:

- Change linens only upon request
- Train house cleaners on process for optional linen service
- Purchase water and energy efficient washers and dryers
- Minimize use of bleach and chlorinated chemicals

☑ **Recycling and Waste Reduction.** Virginia Green Lodging facilities must recycle Glass Bottles and are highly encouraged to maintain a comprehensive recycling program. This facility pledges that they:

- Recycle: office paper, toner cartridges, newspaper, fluorescent lamps, batteries, electronic equipment

- Track overall waste bills
- Instruct housekeeping to save and reuse unopened items
- Recycle fryer grease
- Use reusable dishware and glassware, and minimize use of disposables
- Use non-bleached napkins and coffee filters
- Provide condiments , cream and sugar, etc. in bulk
- Use water pitches and filtered water to minimize the use of single-use bottles
- Have an effective food inventory control to minimize waste
- Purchase recycled-content paper towels and toilet paper
- Have installed high efficiency hand-dryers in restrooms
- Purchase durable equipment and furniture
- Use latex paints
- Properly recycle/dispose of thinners and solvents
- Perform preventative maintenance on all appliances, HVAC systems, plumbing, and vehicles
- Use less toxic materials
- Minimize the use of pesticides and herbicides
- Use a nutrient management plan that minimizes the use of fertilizers

☒ **Water Conservation.** The facility must have a plan for conserving water that should consider plumbing modifications and landscaping. This facility pledges that they:

- Track overall water usage and wastewater
- Perform preventative maintenance to stop drips and leaks
- Use water-flow metering to discover leaks and areas of high use
- Have:
  - high efficiency dishwashers and low flow toilets
- Discourage water-based cleanup (sweeping first)
- Have an effective landscape management plan which utilize metering and rain gauges
- Maintain vegetative buffers around streams and ponds



☒ **Energy Conservation.** The facility must have a plan in place that encourages replacement of lighting and equipment to energy-efficient alternatives. This facility pledges that they:

- Track overall energy bills
- Have had an energy audit to identify efficiency opportunities
- Have an “energy management system” in place to track and meter energy usage
- Use:
  - compact fluorescent light bulbs in all rooms and in canned lighting
  - LED Exit Signs
  - high efficiency fluorescent ballasts and lamps (T5s and T8s)
- Have high efficiency heating & air conditioning (HVAC) systems
- Perform preventative maintenance on HVAC system
- Have individual thermostats for each room/area
- Use directional (downward-facing) lighting in parking areas and other outdoor areas

☒ **Green Events Package.** The facility must offer a “green” or “environmentally-friendly” package for conferences, meetings and other events. Even if the facility only offers occasional, small events, at least recycling will be provided. This facility pledges that they:

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For more information on **Courtyard by Marriott Suffolk**, see [www.marriott.com/orfcs](http://www.marriott.com/orfcs) or contact **Michele Bateman** at [Michele.bateman@crestlinehotels.com](mailto:Michele.bateman@crestlinehotels.com) or 757-483-5777.

For more information on **Virginia Green Lodging** program, see [www.deq.virginia.gov/p2/lodging](http://www.deq.virginia.gov/p2/lodging) or go to [www.viriniagreentravel.org](http://www.viriniagreentravel.org)



*Virginia Green Lodging* program is a supporting partner of *Virginia Green*, the Commonwealth's campaign to encourage environmentally-friendly practices in all aspects of Virginia's tourism industry. *Virginia Green* is supported through a partnership between the Virginia Department of Environmental Quality, the Virginia Hospitality & Travel Association, and the Virginia Tourism Corporation.

